

## Students can join online workshops led by expert tutors & Upswing staff

## **Fall 2025 Workshop Topics:**

- Study Skills and Test Prep
- Time Management and Stress Management
- APA and MLA Citations
- Research and Thesis Statements
- Personal Finance and Budgeting
- Resumes 101
- Resume Drop In
- Cover Letters, Networking, and LinkedIn

All workshops are recorded. Registered students will receive a copy of the recording as well as any handouts.